



BC Rhythmic Sportive Gymnastics Federation

June 2, 2020

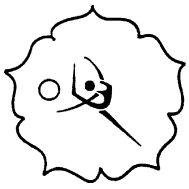
Dear Olympia RG,

As British Columbia's public health authorities develop guidelines to lift restrictions on gathering in a responsible way, we have been working with ViaSport and the Province of British Columbia to understand the recommendations our Chief Provincial Health Officer and how they best apply within sport.

The attached Return to Play Plan has been developed for our sport in order to ensure:

- We support all individuals' Health and safety
- Activities are in alignment with provincial health recommendations
- Modifications to activities are in place to reduce the risks to participants and our organization
- Our sport is united and aligned on a plan to reopen throughout the province. While we do hope things will return to normal in the not too distant future, currently this Return to Play Plan will be the new normal until we are advised otherwise by public health authorities. If you choose to participate, you must follow these rules:
 - If you don't feel well or are displaying symptoms of COVID-19, you must stay home
 - If you live in a household with someone who has COVID-19 or is showing symptoms of COVID19, please stay home
 - If you have traveled outside of Canada, you are not permitted at the facility until you have self-isolated for a minimum of 14 days
 - Wash your hands before participating
 - Bring your own equipment, water bottle and hand sanitizer
 - Comply with physical distancing measures at all times
 - Avoid physical contact with others, including shaking hands, high fives, etc.
 - Leave the field of play as quickly as possible after you finish your activity

Our Return to Play Plan is based on current public health guidance. While we are all doing our best to minimize the risk of exposure to COVID-19, while the virus circulates in our communities it is impossible to completely eliminate the risk. Each participant must make their own decision as to whether it is in their best interest to resume participation at this time. You must take into account your own circumstances and make the decision that is right for you. Should you choose to join us, we require your full cooperation with our Return to Play Plan.



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Return to Play Statutory Declaration

I _____ owner of _____ club agree to follow BCRSGF Return to Play Plan. I agree to implement all the BCRSGF recommendation in my club. I agree to communicate the BCRSGF Return to Play Plan to our club athletes, coaches, volunteers, and parents. Before I start training sessions I will collect all the Assumption of Risk for minors and Facility Declaration and keep them for one year.

Name:

Signature:

Date: